

# LINDENWOOD

LINDENWOOD UNIVERSITY

BELLEVILLE, ILLINOIS

**Professional & School Counseling Continuing Education Program**

***Presents the Workshop:***

**“Strengths-Based Therapy with Adolescents and Families:  
Effective, Time-Sensitive Strategies”**

**Friday, January 15, 2010**

At: Lindenwood University  
2600 West Main Street  
Belleville, IL 62226

## **Workshop Objectives**

1. Describe the key factors that research has identified as central to successful therapy and form the foundation of strengths-based therapy with adolescents and families.
2. Describe two essential processes for eliciting, monitoring, and responding to client feedback to improve therapy outcomes.
3. Identify at least 5 strategies for tapping into and maximizing adolescents', caregivers', and family members' strengths and contributions to change.
4. Describe at least four ways of strengthening therapeutic relationships through collaboration.

**Presenter: Bob Bertolino, Ph.D.**, is an Assistant Professor of Rehabilitation Counseling at Maryville University in St. Louis, Missouri. He is also Senior Clinical Advisor at Youth In Need, Inc. and founder of Therapeutic Collaborations Consultation and Training. Bob has taught over 300 workshops throughout the United States, Australia, Canada, Finland, France, Germany, the Netherlands, Japan, and the United Kingdom. He has authored or co-authored ten books, the most recent of which include *The Therapist's Notebook for Strengths and Solution-Based Therapies* (Routledge) and *Strengths-Based Engagement and Practice: Creating Effective Helping Relationships* (Allyn & Bacon). Bob is licensed as a marital and family therapist, professional counselor, and clinical social worker in the state of Missouri, is a National Certified Counselor, a Certified Rehabilitation Counselor, and a clinical member of the American Association for Marriage and Family Therapy.

6 Continuing Education Units (CEUs) available

License # 197.000174 – Illinois Department of Financial & Professional Regulation

6 Professional Development Activity Units (CDPU) available

License # 090309111511078 – Illinois State Board of Education

## Schedule:

Registration:  
begins at 8:30 am

Presentation:  
9am - noon

Lunch:  
noon - 12:45pm

Conclusion  
1:00 - 4:00 pm

Evaluation &  
Certificates: 4:00pm



Send check to:     Lindenwood University,  
                          Attn: Ken Kubicek PhD,  
                          2600 West Main Street  
                          Belleville, IL 62226

Or register with credit card by phone at 618-222-1050 ext 0

Registration Fee: \$80.00 **includes lunch.**

Early Registration Discount Fee: \$70.00 if paid before January 2, 2010

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_