Dear Dance Kinesiology Conference Participants:
We are excited to share the most recent information with you regarding our upcoming Conference at Lindenwood University in St. Charles, Missouri. If you have any questions, please contact Tricia at tzweier@lindenwood.edu

Venue Locations

The Conference Sessions:
Lindenwood University
J. Scheidegger Center for the Arts (2nd floor)
2300 West Clay Street
St. Charles, Missouri 63301

Recommended Lodging:
The Country Inn and Suites
1190 South Main Street
St. Charles, Missouri 63301
(636) 724-5555
**Airport**

Lambert-St. Louis International Airport is conveniently located 10 miles from the Lindenwood University Main Campus. Airport Code: STL. 10701 Lambert International Blvd, St Louis, MO 63145.

**Ground Transportation**

Taxi transportation from the airport to the Country Inn and Suites: If you need transportation to/from the airport to your hotel, I recommend St. Charles Yellow Cab. You do not need to reserve a taxi in advance. Cost from airport to the hotel is approximately $18. I recommend mentioning this rate when you call: 636-724-1234.

Daily shuttle from the hotel to the J. Scheidegger Center for the Arts: Since not all of our attendees are renting cars, Lindenwood University will provide a 10-passenger van to transport attendees from the hotel to campus.

**Housing information**

If you are planning to stay at The Country Inn & Suites, please reserve your room right away. The phone number: 636-724-5555. As mentioned online, several rooms have been reserved for “The Dance Kinesiology Teachers’ Group” at a discounted rate. If you are looking for a roommate, please email me by: **Friday May 25** and I will try to connect those of you wishing to share a room ([tzweier@lindenwood.edu](mailto:tzweier@lindenwood.edu))

**Dining Suggestions**

- **Jimmy John’s**
  100 North kingshighway Street
  636-447-3400

- **Miss Aimee B’s**
  837 First Capitol Drive
  636-946-0202

- **Picasso’s Coffee House**
  101 North Main Street
  636-925-2911

- **Magpie Café**
  903 South Main Street
  636-947-3883

- **Hendricks BBQ**
  1200 South Main Street
  636-724-8600

- **Prasino**
  1520 South 5th Street #110
  636-277-0202

For more dining suggestions visit the Historic St. Charles Visitor Information Website: [http://www.historicstcharles.com/visitors/restaurants/](http://www.historicstcharles.com/visitors/restaurants/)

**Conference Summary**

On the Dance Kinesiology Teachers’ Group Conference registration page you can find a detailed schedule of sessions that will run from Friday evening through Sunday afternoon. Please plan to come for our opening, Saturday night gathering, and through the sessions on Sunday. The final wrap-up discussion and business meeting will conclude on Sunday at 2:30PM. [http://www.lindenwood.edu/arts/dance/educationalEvents.html](http://www.lindenwood.edu/arts/dance/educationalEvents.html)
Special Guest, Karen Clippinger

Karen Clippinger, M.S.P.E. Professor, received her masters in Exercise Science from the University of Washington. Her lifelong work has focused on application of scientific principles to enhance alignment and movement performance while lowering injury risk. From 1995-2000 she taught part-time at UCLA while still working clinically.

In 2000 she accepted a full-time position at California State University, Long Beach. She is currently a professor at CSULB and teaches Functional Anatomy for Dance, Prevention and Care of Dance Injuries, Body Placement, Pilates I, Pilates II, and Scientific Principles Applied to Teaching Technique. Ms. Clippinger also functions as the Coordinator for the Pilates Studio located in the Dance Center at CSULB, and is faculty for Body Arts and Science International.

Prior to her full-time appointment at CSULB, Ms. Clippinger worked as a clinical kinesiologist. She has worked with hundreds of dancers/performers including members of the Pacific Northwest Ballet, Joffrey, Mark Morris, Bill Evans, Alwin Nikolais, and Cirque Du Soleil companies. She has also consulted for the U.S. Weightlifting Federation, U.S. Race Walking Team, Pacific Northwest Ballet, and California's Governor's Council on Physical Fitness and Sports.

Ms. Clippinger has authored numerous articles and chapters. She wrote an exercise column for Shape Magazine for four years and served as one of the founding co-editor-in-chiefs of the Journal of Dance Medicine and Science from 1996 to 2005. Her textbook Dance Anatomy and Kinesiology was released in 2007.

Registration Fee

If you haven’t yet sent a check for the registration fee, please do so at your earliest convenience. The early registration deadline has passed. The rate for professional attendees is now $130, and for student attendees it is $70. Please make checks out to “Lindenwood University” (note: DKT in the memo line), and send to Tricia Zweier, ATTN: Dance Department, 209 South Kingshighway, St. Charles, MO 63301.

Explore St. Louis

Beyond the quaint historic district in downtown St. Charles, some of Missouri’s greatest attractions are just across the river in downtown St. Louis. A few include The St. Louis Fringe Festival (June 18-22), The Gateway Arch, Citygarden, Missouri History Museum, St. Louis Art Museum, Missouri Botanical Garden. For more information, visit http://explorestlouis.com/visit-explore/discover/itineraries/highlights-of-st-louis/

We look forward to seeing all of you in June.
Organizing Committee: Tricia Zweier, Pamela Geber Handman, Sonia DeVille, and Anne Burnidge