

Course Descriptions

IPC 510 Foundations of School Counseling (3) An introduction to the field of school counseling, services, tools and challenges of the professional school counselor. Another focus is the theoretical and applied study of the helping relationship, the facilitative conditions, techniques of interviewing, counselor self-awareness and use of self and client self-awareness.

IPC 511 Foundations of Professional Counseling (3) An introduction to the field of counseling, services, tools and challenges of the professional counselor. Another focus is the theoretical and applied study of the helping relationship, the facilitative conditions, techniques of interviewing, and counselor self-awareness and use of self and client self-awareness.

IPC 512 Ethics and Professional Issues (3) Study of professional programs/organizations and codes of ethics. Examines professional identity issues in the mental health field and current political, legal, and ethical issues affecting the practice of counseling. Reviews the current status of professional training standards and licensing.

IPC 513 Principles of School Counseling (3) An introduction to functions and components of a comprehensive school guidance program, with practical strategies for planning, organization and implementation of such programs. Includes program evaluation, collaboration with school personnel and legal and ethical issues related to school counseling.

IPC 521 Human Growth and Development (3) Study of human growth and development from infancy through old age. Covers psychological, sociological, and physiological aspects of development. Examines development theories and research and their implications for counseling interventions.

IPC 522 Personality Theories and Psychopathology (3) A review of current personality theories and the use of these theories in the practice of counseling. Psychopathology and maladaptive behaviors will be included.

IPC 523 Adjustment and Learning Issues in Children and Adolescents (3) An understanding of the factors that affect developmental crisis, disability, psychopathology and learning difficulties in children and adolescents. Also focuses on counseling strategies in working with students who display such adjustment problems and learning difficulties.

IPC 524 Adult Diagnosis and Treatment Planning (3) Diagnostic methods will be explored with emphasis on the Diagnostic and Statistical Manual of Mental Disorders. A select overview of psychopathology, assessment, and interventions appropriate to the study of mental disorders will be included.

IPC 531 Family Counseling (3) Intensive study of theories of family counseling. The applied focus emphasizes counseling skills with parents with whole families in a variety of family forms, i.e., traditional, single-parent, and re-marriage families. Communication, systemic and strategic therapies are a focus.

IPC 532 Marital Counseling (3) Study of theories, research, and skill development in premarital, marital, divorce, and remarriage counseling.

IPC 541 Research Methods and Program Evaluation (3) Prepares students to understand, interpret and critically analyze research based counseling literature. Focuses on principles and methods of designing counseling outcomes research and evaluation studies as well as methods of data collection and data analysis. Provides a basic understanding of statistical analysis and interpretation in research literature.

IPC 542 Statistical Analysis (3) Introduction to statistics with emphasis on various statistical concepts and data analytic tools, including normal distributions, sampling distributions, hypothesis testing, t-tests, analysis of variance, correlation and regression and chi-square. Hands-on experience with data management using computer software. Required for students opting to do a scholarly paper.

IPC 551 Counseling Theory and Practice (3) Intensive study of the basic theories, principles, and methods of counseling.

IPC 552 Counseling Skills Lab (3) Experiential integration of theoretical material and counseling skills to enable the counselor to understand the client's problems more fully and accurately and to intervene effectively.

IPC 553 Theories of Counseling Children and Adolescents (3) Focuses on theories of counseling as they apply to children and adolescents. Effective counseling strategies for working with the population.

IPC 561 Group Dynamics, Process and Counseling (3) Study of the principles of group dynamics with an exploration of the processes of group interactions. Examines types of groups and theories and techniques of group counseling. Outside group participation will be required.

IPC 562 Social and Cultural Foundations of Counseling (3) Study of the social bases of behavior with an emphasis on the influence of culture and cultural differences on the counseling process. Examines the impact of prejudice and discrimination on specific populations and the adoption of culturally sensitive strategies in working with these populations.

IPC 563 Consultation and Outreach (3) Study of social organizations and the impact of these organizations on individuals and vice versa. The applied focus involves organization evaluation and consultation skills as a complement to working with clients. Social organizations studied include educational, medical, religious, business, and mental health service agencies.

IPC 564 Crisis Intervention (3) Covers the fundamental concepts, theories, strategies and skills needed to implement effective counseling intervention related to crisis situations.

IPC 565 Introduction to Substance Abuse Counseling (3) This course is designed to provide an overview of the major theories of etiology, dynamics, assessment, treatment and research issues of substance abuse. Consideration for how these aspects are applied to diverse populations is addressed.

IPC 575 Family and School Consulting (3) Development and implementation of solution-focused strategies and skills when working with students, school personnel, and families in a school setting. Intensive case studies.

IPC 581 Appraisal of the Individual (3) Introduction to psychometrics and methods of appraisal. Examines several data collection approaches including interviewing and testing. Considers factors affecting data interpretation such as age, sex, and ethnic and cultural background. Students will learn how to use and interpret a variety of tests including personality, vocational interest, achievement, group intelligence, and aptitude tests.

IPC 582 Lifestyle and Career Development (3) Study of major theories of career development including career choice theories and models of career decision making. Examination of the relationship between career choice and lifestyle. Introduction to career counseling techniques and sources of occupational and educational information.

IPC 583 Analysis of the Individual (3) Intensive study and practice in the administration, scoring and interpretation of several psychological tests used with children and adolescents. Also, preparation of comprehensive case reports.

IPC 584 Individual Intelligence Testing (3) Review of the historical and theoretical bases of intelligence testing in addition to instruction and supervised practice in scoring, interpreting, and reporting results for Wechsler and Binet intelligence tests.

IPC 585 Individual Diagnostic Assessment (3) Study of assessment instruments other than measures of intelligence used in diagnosing children and adolescents.

IPC 586 Internship in Diagnostic Assessment (3) Students work in a school or clinical setting assessing children and adolescents, participating in diagnostic teams, and determining educational needs. They are supervised by a certified School Psychological Examiner as well as a faculty member.

IPC 590 Counseling Internship (3-6) Students complete 600 hours of clinical practice in agency settings. Internship students receive one-to-one supervision from qualified professionals at their field sites and they also participate in a group supervision seminar conducted by a faculty member. Advance approval from the Professional Counseling Faculty Advisor is required for registration.

IPC 591 Field Placement 1 (3) Students complete 150 hours of clinical practice in a mental health or school setting under the supervision of a certified school counselor as well as a faculty member. Advance approval from a Faculty Advisor is required for registration.

IPC 592 Field Placement 2 K-8 (3) Students complete 300 clock hours in an elementary school setting under the supervision of a certified school counselor as well as a faculty member. Advance approval from a Faculty Advisor is required for registration.

IPC 593 Field Placement 2 Secondary 7-12 (3) Students complete 300 clock hours in a secondary school setting under the supervision of a certified school counselor as well as a faculty member. Advance approval from a Faculty Advisor is required for registration.

IPC 594 Field Placement 2 K-12 (3) Students complete 150 clock hours in an elementary setting and 150 hours in a secondary setting under the supervision of a certified school counselor as well as a faculty member. Advance approval from a Faculty Advisor is required for registration.

IPC 598 Special Topics in Counseling (1-6) Topical issues in counseling theory, research, and practice.

IPC 599 Culminating Project (Scholarly Paper) Students complete a scholarly paper. Students register for culminating project credits after completion of IPC 541 Research Methods and Program Evaluation. Students will receive an incomplete grade for this course until the scholarly paper is finished and approved by a review committee.

IPC 605 Comprehensive Examination This includes the standardized Counselor Preparation Comprehensive Examination (CPCE) or the Praxis II examination. There will be a fee for the examination.