

Lindenwood University
School of Health Sciences – St. Charles Campus
Division of Sciences – Belleville Campus

BACHELOR OF SCIENCE DEGREE IN ATHLETIC TRAINING

Name:		ID:	
Phone:		Lionmail:	
Major Verified:		Minor Verified:	
Sem Start at LU:		Advisor:	

Application/Program Requirements:

1. Application process for the Athletic Training Program occurs each Spring semester (See Athletic Training Handbook)
 - Candidates must achieve a grade of C or better in the following courses: CHM 10000; EXS 28000, BSC 22700, or BIO 22700; AT 22100; AT 28000; AT 28500
 - Candidates must have a cumulative GPA of 2.75 or higher for all courses and a cumulative GPA of 3.0 or higher for all curriculum courses
2. Athletic training students are required to maintain a minimum cumulative GPA of 2.75 for all courses and a minimum cumulative GPA of 3.0 for curriculum courses
3. Athletic training students must achieve a grade of C or better in all [athletic training curriculum courses](#)

General Education Requirements

	Hrs	Semester Completed	Trans	Grade	Notes/Prerequisites
Communication Skills					
ENGL 15000 Strategies for University Writing	3				Must earn a C or better
ENGL 17000 Research and Argumentation	3				Must earn a C or better
COM 11000 Oral Communications (GE-Com)	3				May alternate COM 10500 or SW 10000
Humanities					
Literature (GE-Lit)	3				ENGL 17000
Literature (GE-Lit)	3				ENGL 17000
Religion or Philosophy (GE-Phl/Rel)	3				
Art, Music, Theatre, Dance (GE-fine arts)	3				
Social Sciences					
LUL 10100 Freshman Experience	2				Required for freshman with less than 24 hours
HIST 16200 World History (GE-WHis)	3				Required (class prefix is HIS in Belleville catalog)
HIST 11000 American History (GE-AmGovHist)	3				May alternate another GE – AmGovHist (class prefix is HIS in Belleville catalog)
PSY 10000 Principles of Psychology (GE-SocSci)	3				
SOC 10000 Concepts of Sociology (GE-SocSci)	3				May alternate another GE – SocSci (other than psychology-must be from another discipline)
Natural Science					
BSC 10000 Concepts of Biology	4				May alternate BIO 10000, BSC 24400, or BIO 25100
CHM 10000 Concepts of Chemistry	4				May alternate CHM 23000
Mathematics					
MTH 14100 Basic Statistics	3				
Math Elective (GE-MTH)	3				MTH 12100 or higher
Total General Education Courses	49				

Athletic Training Curriculum

Required Classes (not specific to a certain year in program)	Hrs	Semester Completed	Trans	Grade	Notes/Prerequisites
HFS 20500 Concepts of Health	3				Recommend taking during first or second year.
EXS 24000 Nutrition Throughout the Life Cycle	3				Recommend taking during first or second year.
EXS 26000 Concepts in Conditioning	3				Must take during first or second year.
PE 35600 Theory & Methods of Coaching Weight Training	3				Must take during first or second year. Prerequisites: HFS 20400 or AT 28500 or PE 15000 or EXS 25000
EXS 34000 Nutrition for Performance	3				Prerequisite: EXS 24000
PE 33000 Psychological Aspects of Physical Education	3				Prerequisite: PSY10000

First Year – Required Classes	Hrs	Semester Completed	Trans	Grade	Notes/Prerequisites
ENGL 15000 Strategies for University Writing	3	Complete this data above in the General Education Requirement section.			Must earn a C or better
ENGL 17000 Research and Argumentation	3				Must earn a C or better
BSC 10000 Concepts of Biology	4				May alternate BIO 10000, BSC 24400, or BIO 25100
CHM 10000 Concepts of Chemistry	4				May alternate CHM 23000
AT 22100 Medical Terminology	3				
EXS 28000 Applied Anatomy	4				May alternate BIO 22700 or BSC 22700 Prerequisites: BIO 10000, BSC 10000, BSC 24400, or BIO 25100
AT 28000 Introduction to Athletic Training Lab	1				
AT 28500 Introduction to Athletic Training	3				
WPA - Completion	Completion Date:				Must be completed prior to enrolling in AT 26000 – Clinical Practicum II. AT 26000 is taken in the spring of the second year.

Second Year – Required Classes	Hrs	Semester Completed	Trans	Grade	Notes/Prerequisites
HFS 204000 Care and Prevention	3	FA -			Taken in conjunction with HFS 20600 Prerequisites: EXS 28000 or BSC 22700 or HFS 20700
HFS 20600 Care and Prevention Lab	1	FA -			Taken in conjunction with HFS 20400
EXS 28500 Applied Physiology	4	FA -			May alternate BIO 22800 or BSC 22800 Prerequisites: BIO 22700, BSC 22700, or EXS 28000; CHM 10000
EXS 32500 Biomechanics	3	FA -			May alternate HFS 31000 Prerequisites: EXS 28000, BSC 22700, or BIO 22700
AT 25000 Clinical Practicum I	2	FA -			Admittance into the Athletic Training Program
AT 30200 Assessment of Athletic Injuries - Lower Body	3	SP -			Taken in conjunction with AT 38100 Prerequisites: EXS 28000, BSC 22700, or BIO 22700; HFS 31000 or EXS 325000; and AT 25000
AT 38100 Assessment of Athletic Injuries - Lower Body Lab	2	SP -			Taken in conjunction with AT 30200 Prerequisites: EXS 28000, BSC 22700, or BIO 22700; HFS 31000 or EXS 325000; and AT 25000

AT 30400 Therapeutic Modalities	3	SP -			Taken in conjunction with AT 38600 Prerequisites: EXS 28500, BSC 22800, or BIO 22800
AT 38600 Therapeutic Modalities Lab	1	SP -			Taken in conjunction with AT 30400 Prerequisites: EXS 28500, BSC 22800, or BIO 22800
AT 26000 Clinical Practicum II	2	SP -			AT 25000 and Writing Proficiency Assessment or enrollment in ENGL 21000

Third Year – Required Classes	Hrs	Semester Completed	Trans	Grade	Notes/Prerequisites
AT 30300 Assessment of Athletic Injuries - Upper Body	3	FA -			Taken in conjunction with AT 38200 Prerequisites: AT 30200 and AT 38100
AT 38200 Assessment of Athletic Injuries - Upper Body Lab	2	FA -			Taken in conjunction with AT 30300 Prerequisites: AT 30200 and AT 38100;
EXS 31500 Physiology of Exercise	3	FA -			EXS 28500, BSC 22800, or BIO 22800
EXS 31600 Physiology of Exercise Lab	1	FA -			Taken in conjunction with EXS 31500
AT 30000 Principles of Rehabilitation	3	FA -			EXS 28500, BSC 22800, or BIO 22800; EXS 32500
AT 35000 Clinical Practicum III	2	FA -			AT 26000 and AT 30200 and AT 38100
AT 30100 Therapeutic Exercise and Rehabilitation of Athletic Injuries	3	SP -			Taken in conjunction with AT 38000 Prerequisites: EXS 28500, BSC 22800, or BIO 22800; AT 30000; PE 35600
AT 38000 Therapeutic Exercise and Rehabilitation of Athletic Injuries Lab	2	SP -			Taken in conjunction with AT 30100 Prerequisites: AT 30000 and EXS 31500 and PE 35600
AT 36000 Clinical Practicum IV	2	SP -			AT 35000 and AT 30300 and AT 38200

Fourth Year – Required Classes	Hrs	Semester Completed	Trans	Grade	Notes/Prerequisites
AT 43100 Organization and Administration of Athletic Training	3	FA -			Senior standing in Athletic Training Program
AT 43200 Pharmacology	3	FA -			Senior standing in Athletic Training Program; Prerequisites: EXS 28500, BSC 22800, or BIO 22800
AT 43300 Non-Orthopedic Assessment	3	FA -			Senior standing in Athletic Training Program; Prerequisites: EXS 28500, BSC 22800, or BIO 22800
AT 43800 Senior Seminar	1	FA -			Senior standing in Athletic Training Program
AT 45000 Clinical Practicum V	2	FA -			AT 30100 and AT 36000 and AT 38000
AT 46000 Clinical Practicum VI	2	SP -			AT 45000
TOTAL AT Curriculum Hours	88				
TOTAL Hours BS in Athletic Training	137				