

High School Dance Day is celebrating its 5th year!

HSDD is your opportunity to experience the Dance program at Lindenwood University. Spend Friday, October 14th with us in the J. Scheidegger Center for the Arts learning about some of the core courses in the BA/BFA - Dance curriculum. Classes in ballet, contemporary, jazz and tap will be taught by LU faculty. In addition, all participants will receive a ticket to *The Fall Dance Concert* featuring Lindenwood University students and the Lindenwood University Dance Ensemble!



For a nonrefundable fee of \$20, you can participate in all of these activities. **MAKE YOUR RESERVATIONS EARLY. WE WILL BE ACCEPTING THE FIRST 50 STUDENTS.**

SCHEDULE

FRIDAY, OCTOBER 14th 2016

8:30am – 9:00am	Registration (JSCE 2 nd floor)
9:00am – 9:30am	Ballet with Janet Strzelec
9:30am – 10:00am	Contemporary with Tricia Zweier
10:00am – 10:30am	Musical Theatre with Margaret Hassenstab
10:30am – 11:30am	Lunch in Evans Dining Hall
11:30am – 12:00pm	Contemporary with Betsy Brandt
12:00pm – 12:30pm	Tap with Tracy Dupre
12:30pm – 1:00pm	Hip hop with Amy Gammon
1:00pm – 1:30pm	Lindenwood Theater Backstage Tour
1:30pm – 2:00pm	Q&A with LU Faculty: What are the degree offerings within a BA/BFA in Dance at LU?
DINNER	On your own
7:30pm	LU Fall Dance Concert

PLEASE SEND THE BOTTOM PORTION OF THIS FORM, A LIABILITY WAIVER, AND A CHECK OR MONEY ORDER TO:

**LINDENWOOD UNIVERSITY
DANCE DEPARTMENT
ATTN: TRICIA ZWEIER
209 S. KINGSHIGHWAY
ST. CHARLES, MO 63301**

**DEADLINE FOR ENTRY (AND HSDD T-SHIRT) IS SEPTEMBER 23, 2015
QUESTIONS? CONTACT TRICIA ZWEIER AT (636) 949-4547 or TZWEIER@LINDENWOOD.EDU**

Name _____ E-mail _____
 Address _____ High School _____
 _____ Grade _____

Please find my check # _____ enclosed, in the amount of \$20, made out to:

LINDENWOOD UNIVERSITY DANCE DEPARTMENT

WHAT SIZE T-SHIRT WOULD YOU LIKE (must be registered by 9/23 to receive t-shirt)? SMALL / MEDIUM / LARGE
 WOULD YOU LIKE TO BE ADDED TO THE LINDENWOOD UNIVERSITY MAILING LIST? YES / NO

Information for Parents

**Thank you for your interest in the Dance Department at Lindenwood University.
High School Dance Day is Friday, October 14, 2016.**

Please use the checklist below as a guide. If you have any questions, please contact Professor Tricia Zweier at tzweier@lindenwood.edu or 636-949-4547.

On behalf of my student/child I have submitted the following documents:

- Bottom portion of flyer
- Liability Waiver (signature of parent required if student is under 18)
- \$20 check or money order (to: Lindenwood University Dance Department) to cover the costs of lunch, LU Fall Dance Concert ticket, and HSDD t-shirt.
(Please note: registration must be received by September 23rd to receive a t-shirt)

Each of the items above are due to LU by September 23rd. If your teacher is compiling these documents to send in advance, he/she would like them by: _____ .

Also, please ensure that students remember to bring the following items:

- Ballet, Jazz, and Tap shoes (“Non-tappers” are encouraged to participate in Tracy’s session. Those without tap shoes should bring sneakers to join in on the fun.) You’ll need sneakers for hip hop.
- Comfortable shoes and layers of clothing to walk to Evans Student Dining Hall.
- Closed-toed shoes for the backstage tour.

Below is a schedule of the day’s events. In addition to a sampling of our dance classes, the backstage tour will offer you a chance to see behind the scenes in the midst of our Fall Dance Concert preparations. Our LU Technical Staff will be available for questions as you walk through the backstage and on-stage areas.

The LU Faculty is excited to tell you about our course offerings, Dance Degree Candidate performing opportunities, and why a degree from Lindenwood University is an experience that encourages growth.

*The J. Scheidegger Center for the Arts is located at
2300 West Clay Street in St. Charles, Missouri.*

www.lindenwood.edu/arts/dance

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**LINDENWOOD UNIVERSITY
RELEASE, PARTICIPANT WAIVER, AND HOLD HARMLESS FORM**

ACTIVITY: Lindenwood University High School Dance Day: Friday, October 14, 2016

1. In consideration for receiving permission to participate in the above-mentioned activity, (herein referred to as ACTIVITY), which is sanctioned or sponsored by Lindenwood University (herein referred to as SPONSOR), I (PARTICIPANT), hereby **RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE, AND AGREE TO HOLD HARMLESS** SPONSOR, Lindenwood University, its Board of Directors, its officers, agents, volunteers, other students, third parties, or employees (collectively referred to as RELEASEES) **FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, OR INJURY, INCLUDING DEATH**, unless specifically exempted herein, that may be sustained by me while participating in such ACTIVITY, travel to and from the activity, or while on the premises owned or leased by RELEASEES, **including injuries sustained as a result of the negligence and FUTURE NEGLIGENCE of RELEASEES**. I am able to participate in this activity and I know of no medical, physical, or mental, reason why I should not participate.

2. I am fully aware that there are inherent risks involved with the ACTIVITY, and I choose to voluntarily participate in said ACTIVITY with full knowledge that said ACTIVITY may be hazardous to me and my property. **I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH**, that may be sustained by me as a result of participating in said ACTIVITY, **including injuries sustained as a result of the negligence or FUTURE NEGLIGENCE of RELEASEES**, unless specifically exempted herein. I further agree to indemnify and hold harmless the RELEASEES for any loss, liability, damage or costs, including court costs and attorney's fees that may occur as a result of my participation in said ACTIVITY, unless specifically exempted herein.

3. I authorize university staff and other medical personnel to take any action deemed necessary in case of emergency medical situations. I understand that RELEASEES may not maintain insurance covering circumstances arising from my participation in this ACTIVITY or any event related to that participation. As such, I am aware that I should review my personal insurance coverage and my personal insurance will be used when appropriate and applicable.

4. It is my express intent that this document shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased.

5. In signing this Release, Waiver, and Hold Harmless, I acknowledge and represent that I have read the foregoing document, acknowledge that I have the right to review it with my own legal counsel, understand it, and sign it voluntarily as my own free act and deed. No oral representations, statements, or inducements apart from the foregoing agreement that has been reduced to writing have been made. I execute this document for full, adequate and complete consideration fully intending to be bound by the same, now and in the future.

6. All other terms notwithstanding, this document does not release, and expressly excludes from its terms, claims, liabilities, or causes of action which are non-releasable under State or Federal Laws, including, but not limited to, intentional torts, gross recklessness, gross negligence, fraud, or activities involving the public interest, depending on the jurisdiction.

Participant Signature: _____

Printed Name: _____

Address: _____

Date: _____ **Telephone:** _____

Parent or Legal Guardian Printed Name & Signature (If under Participant is under 18 years old):

Sample of Dance Offerings

DAN 10100 Introduction to Dance (3) (GE-FineArt) This course is a beginning movement course in dance techniques and styles including elements of modern dance, jazz dance, and ballet. It will help students develop body awareness, flexibility, and creativity. Includes beginning instruction in theory and technique. Offered every semester.

DAN 10300 Dance Performance Practicum (1) This practicum is open to all students by permission of the dance faculty. Students will participate in public performances as members of various Lindenwood dance groups. This course may be repeated for credit. Offered every semester.

DAN 10350 Dance Composition Practicum (1) This practicum is open to all students by permission of the dance faculty. This course is open to all students by permission and requires public presentation of choreography. This course may be repeated for credit. Offered every semester.

DAN 17000 Freshman Seminar in Dance (1) This course is an orientation to the field of dance for dance majors, including opportunities within the department and various dance companies and organizations.

DAN 17100 Dance As an Art (3) (GE-FineArt/CrsCl) This course is an introductory course designed to develop the student's ability to enjoy and analyze dance performance through a consideration of dance style, technique, choreography and the role of dance in culture. Lecture course, no dance training necessary. Offered fall semester only.

DAN 20100 Beginning Contemporary Dance (2) This course is an introduction to the basic elements of contemporary dance techniques and styles. May be repeated for credit. Offered intermittently.

DAN 20400 Beginning Jazz Dance I (2) Through a variety of warm ups, dance exercises, and extended movement combinations set to contemporary music, students will learn the basic steps and movements of jazz dance. No dance training necessary. May be repeated for credit. Offered fall semester only.

DAN 21100 Beginning Tap Dance I (2) This course is an introduction to basic tap steps and terminology. Tap shoes required. May be repeated for credit. Offered fall semester only.

DAN 22000 Beginning Ballet I (2) This course is an introduction to basic ballet steps and terminology. May be repeated for credit. Offered fall semester only.

DAN 23000 Musical Theatre Dance (3) This course focuses on the study of various styles, movement, and choreography used in professional musical theater productions. It is designed to prepare students for musical theater dance auditions. Offered intermittently. Prerequisite: 6 credit hours of Ballet Dance Courses, and 3 credit hours of Jazz Dance Courses.

DAN 26000 Anatomy for Dancers (3) This course is a study of anatomical principles as they apply to dance training and performance. Emphasis on optimal dance movement and the related principles for understanding the function of bones, joints, and muscles in movement, and the physiological systems that support these functions. By applying these principles, dancers can help reduce their risk of injury, enhance their performance longevity, and improve their own teaching of dance techniques.

DAN 27100 Dance History (3) This course is designed for dance majors and specializes in the study of historical concepts in dance, including: European origins of classical ballet, Africanist contributions, and postmodern impulses with an emphasis on aesthetic, cultural, and political themes. Offered intermittently. Prerequisite: DAN 11000 or permission of dean.

DAN 30100 Intermediate Contemporary Dance I (2) This course emphasizes intermediate contemporary dance techniques and styles of major choreographers. May be repeated for credit. Offered every semester. Prerequisite: DAN 20100 or permission of dean.

DAN 30400 Intermediate Jazz Dance I (2) This course emphasizes intermediate study in jazz dance techniques and styles. May be repeated for credit. Offered spring semester only. Prerequisite: DAN 20400 or DAN 20500 or permission of dean.

DAN 30900 Dance Theory and Composition I (2) This course is an exploration of the basic compositional theories of dance through mastery of improvisational movement techniques and the creation of dance compositions. (It is recommended that the course be taken in conjunction with a dance technique course). Offered fall semester only. Prerequisite: One semester of modern dance techniques or permission of dean.

DAN 31000 Dance Theory and Composition II (2) This course offers continuing study of compositional techniques with emphasis on group dance. Prerequisite: DAN 30900 and MUS 11400 or permission of dean. Offered intermittently.

DAN 31100 Intermediate Tap I (2) This course offers continuing study of tap dance and performance styles with an emphasis on musical theatre tap. This course may be repeated for credit. Offered spring semester only. Prerequisites: DAN 21200 or permission of dean.

DAN 32000 Intermediate Ballet I (2) This course offers continuing study of ballet techniques and performance styles. This course may be repeated for credit. Offered every semester. Prerequisite: DAN 22000 or DAN 22100 or permission of dean.

DAN 36000 Dance Kinesiology (3) The purpose of this course is to facilitate the exploration of dance kinesiology through investigation of anatomical and biomechanical principles used to optimize performance. Lessons will be constructed to enhance the embodiment of scientific information (fact and theory) in order to better understand the dancing body, reduce injury, dispel myths, and enhance performance. With opportunities to increase efficiency of movement, self-analyze movement tendencies, and study choreography, students will gain practical information in which to continue exploring.

DAN 37100 Dance in the 21st Century (3) (GE-FineArt/CrsClf) This course explores the history and role of dance in different cultures around the world. Through video observations, readings and class discussions, students will be exposed to the multicultural influences on dance in today's society. Lecture course, no dance experience necessary. Offered spring semester only. Prerequisite: ENG 17000 with a C or better.

DAN 37200 Dance Pedagogy (3) This course is a survey of principles and practices of teaching dance in schools and private studio settings. Offered intermittently. Prerequisite: permission of dean.

DAN 37400 Dance and Technology (3) This course is designed to prepare students to enter the professional workforce through the study of software applications useful in the creation and enhancement of an electronic portfolio highlighting performance, choreography, and teaching abilities. Areas of study include sound score creation, video editing, and graphics manipulation. Lab fee required. Prerequisite: MUS 11400 or permission of dean.

DAN 37500 University Dance Ensemble (1) Lindenwood University Student Dance Ensemble will focus on choreography and performance, including public performances on campus and in various off-campus venues (schools, community centers, etc.) as well as offer workshops and community outreach. Repeatable for credit. May be repeated for credit. Offered every semester. Prerequisite: audition only.

DAN 40100 Advanced Contemporary Dance I (2) Further exploration of contemporary dance techniques and performance styles will be explored in this class. This course may be repeated for credit. Offered every semester. Prerequisite: DAN 30100 or permission of dean.

DAN 40400 Advanced Jazz Dance I (2) This course offers further exploration of jazz dance techniques and performance styles. May be repeated for credit. Offered every semester. Prerequisite: DAN 30400 or DAN 30500 or DAN 30600 or permission of dean.

DAN 41100 Advanced Tap I (2) This course offers advanced studies in tap dance techniques. This course may be repeated for credit. Offered fall semester only. Prerequisite: DAN 31200 or permission of dean.

DAN 42000 Advanced Ballet I (2) This course offers advanced studies in ballet with emphasis on technique and performance style. This course may be repeated for credit. Offered every semester. Prerequisite: DAN 32300 or permission of dean.

DAN 42500 Pointe Technique (3) This course offers intermediate and advanced studies in pointe techniques and variations for students with special interest. This course may be repeated for credit. Offered intermittently. Prerequisite: DAN 42000, DAN 42100, DAN 42200, or DAN 42300 or permission of dean.

DAN 47000 Seminar in Dance (3) This course offers advanced studies in dance for students with special interests. Topics may include dance therapy, professional internships, off-campus studies and performance, anthropology, pedagogy, etc. May be repeated for credit as topics vary. Studio fee may apply. Offered intermittently. Prerequisite: permission of dean.

DAN 47100 Dance Criticism (3) This course is a study of the major theoretical and critical lines of thought that have shaped understanding of dance, its role in society, and its reception, use, and appreciation throughout history.

DAN 47200 Senior Project (3) Students must complete a senior project determined in conjunction with their advisor. Emphasis may be choreography, performance, history, pedagogy, therapy, or other specialized topic. Studio fee may apply. Offered spring semester only. Prerequisite: permission of dean and senior standing.

Outside of the Dance Core Requirements, students are also required to take:

MUS 11800 Music Theory for Non-majors (2) This course is designed for musical theatre majors and dance majors and serves as an introduction to reading standard music notation. Emphasis on pitch, rhythm, meter, intervals, keys, basic harmony and common musical terms. Students will incorporate basic keyboard and sight-singing skills as an application of the literacy components. Upon completion of this course, musical theatre and dance majors will be able to read and decipher the basic components of the musical score in order to facilitate their performances.

TA 11100 Introduction to Technical Theatre I (3) This course is an introduction to the total spectrum of technical theatre. Ten hours per week of lab work is required.

TA 10500 Fundamentals of Acting (3) This course is designed for non-majors and will focus on empathizing with a character in a variety of dramatic contexts and is particularly suited for students who plan careers where role-playing is necessary and essential. Role-playing and characterization skills will be developed through a variety of acting games, improvisation scenarios, and in-depth character studies.