Year 1: Fall-Lindenwood University (14 Credits)	Year 1: Spring-Lindenwood University (17 Credits)
BSC 100 Concepts in Biology	CHM 100 Concepts in Chemistry
EXS 250 Foundations of Exercise Science	BSC 227 Anatomy and Physiology I
MTH 141/241 Statistics	EXS 240 Nutrition through the Lifecycle
ENGL150 Composition I	PSY100 Principles of Psychology
LNO101	ENGL 170 Composition II
Year 2: Fall-Lindenwood University (16 Credits)	Year 2: Spring-Lindenwood University (17 Credits)
BSC 228 Anatomy and Physiology II	EXS 315/316 Exercise Physiology and Lab
EXS 275 Research Methods and Data Interpretation	EXS 387/388 Exercise Testing and Lab
MTH 151/152 College Algebra/Pre-calculus	SHS Elective (3 credit)
Arts GE	PE 356 Theory and Methods of Coaching Weight Training
US History/Govt GE	Human Cultures Elective (non-lit, non-arts)
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Year 3: Fall-Lindenwood University (15 Credits)	Year 3: Spring-Lindenwood University (15 Credits)
EXS 325 Biomechanics	EXS 440/441 Internship
EXS 317 Advanced Exercise Physiology	EXS 430 Physical Activity for Specific Populations
EXS 410 Exercise Prescription and Implementation	SHS Elective (3 credit)
SHS Elective (3 credit)	EXS 300 Sport and Fitness Administration
Human Cultures Elective (Human Diversity)	Literature GE (Human Diversity)
Year 4: First year of chiropractic program	