

**Exercise Science Degree Requirements**

**2018-2019**

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| Courses | | Credit Hours |
| Major | EXS 25000 Foundations of Exercise Science | 3 |
| EXS 27500 Research Methods and Data Interpretation | 3 |
| EXS 30000 Sport and Fitness Administration | 3 |
| EXS 31500 Exercise Physiology | 3 |
| EXS 31600 Exercise Physiology Lab | 1 |
| EXS 31700 Advanced Exercise Physiology | 3 |
| EXS 32500 Biomechanics | 3 |
| EXS 38700 Exercise Testing | 3 |
| EXS 38800 Exercise Testing Lab | 1 |
| EXS 41000 Exercise Prescription and Implementation | 3 |
| EXS 43000 Physical Activity for Specific Populations | 3 |
| EXS 44000 Internships or EXS 44100 Research Internship | 3 |
| PE 35600 Theory and Methods of Coaching Weight Training | 3 |
| BSC 22800 Human Anatomy and Physiology II | 4 |
| School of Health Sciences Elective | 3 |
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| GE Core | Composition I  ENG/L 15000 or EPP 15000 | 3 |
| Composition II  ENG/L 17000 | 3 |
| US History or Government  GE-Human Culture: US History/Government | 3 |
| Math  MTH 14100 Basic Statistics (also a major requirement) | 3 |
| GE Natural & Social Science/ Math | PSY 10000 (also a major requirement)  GE-Social Science | 3 |
| BSC 10000 or BSC 24400 (also a major requirement)  GE-Natural Science Lab | 4 |
| CHM 10000 or CHM 23000 (also a major requirement)  GE-Social Science or GE-Natural Science | 3 or 4 |
| EXS 24000 (also a major requirement)  GE-Social Science, GE-Natural Science, or GE-Math | 3 |
| BSC 22700 Anatomy and Physiology I (also a major requirement)  GE-Elective | 4 |
| MTH 15100 or MTH 15200 (also a major requirement)  GE-Elective | 3 |
| GE Human Culture  (two from this category should also be classified as Human Diversity) | Arts  GE-Fine Arts | 3 |
| Literature  GE-Human Culture: Literature | 3 |
| Non-Literature, Non-Arts Human Culture Elective  GE-Human Culture | 3 |
| Human Culture Elective  GE-Human Culture | 3 |
| Free Electives or Minor  LNO (1 credit) is required if student is a freshman or a transfer with less than 24 hours  13 credits of electives should be at 300 or 400 level | | 28-29 |
| **Total** | | **120** |