



How do I get “WellBucks”???

Employees receive “WellBucks” for ANY activity/program offered in the LindenWell program. The amount of “WellBucks” you can receive for an activity is pre-determined and is listed on the website.

How are “WellBucks” tracked?

The wellness coordinator will track all “WellBucks” for this year’s Incentive Program. However, you are encouraged to keep your own records. Your total “WellBucks” will be given to you following the ending of the incentive program (April 1st).

What if I can’t attend the auction?

An absentee ballot may be completed and turned in 1 week prior to the auction. The absentee ballot will be used during the auction. You will be notified by the wellness coordinator if you win a prize.

Can I request “WellBucks” if I participate in off-campus wellness activities?

ABSOLUTELY!! Our mission is to inspire healthy communities and live happier, healthier lives that promote the development of the whole person. If you participated in a wellness activity, such as a health fair, walk-a-thon, health screening, etc. please email lindenwell@lindenwood.edu. We will assign a “WellBuck” amount that is appropriate for that activity. Be prepared to use your bargaining skills!

