



## CONCUSSION STATEMENT

(Initial) I have read and understand the Lindenwood University Concussion Management Plan.

(Initial) I have read and understand the NCAA Concussion Fact Sheet.

---

After reading the NCAA Concussion Fact Sheet and reviewing the Lindenwood University Concussion Management Plan, I am aware of the following information:

(Initial) A concussion is a brain injury which athletes should report to the medical staff.

(Initial) A concussion can affect the athlete's ability to perform everyday activities, and affect reaction time, balance, sleep, and classroom performance.

(Initial) You cannot see a concussion, but you might notice some of the symptoms right away. Other symptoms can show up hours or days after the injury.

(Initial) I will not knowingly allow the athlete to return to play in a game or practice if he/she has received a blow to the head or body that results in concussion-related symptoms.

(Initial) If I suspect the athlete has a concussion, it is my responsibility to refer that athlete to the appropriate medical staff.

(Initial) I will encourage the athlete to report any suspected injuries and illnesses to the medical staff, including signs and symptoms of concussions.

(Initial) Following concussion the brain needs time to heal. Concussed athletes are much more likely to have a repeat concussion if they return to play before their symptoms resolve. In rare cases, repeat concussions can cause permanent brain damage, and even death.

(Initial) I am aware that every first-year student-athlete participating on specified Lindenwood University teams must be baseline tested prior to participation in sport. These tests allow for comparison of symptoms and balance if the athlete were to become injured.

(Initial) I am aware that athletes diagnosed with a concussion will be assessed and gradually progress through a return to play protocol following full recovery of neurocognition and balance.

Signature of Applicant:

Date: