



TECHNICAL STANDARDS FOR ADMISSION

Technical Standards define the observational, communication, cognitive, affective, and physical capabilities deemed essential to complete this program and to perform as a competent practitioner of athletic training. Students must be capable of performing certain functions, with or without reasonable accommodation as determined by the professional program in conjunction with the Office of Student Academic and Support Services. These standards will be continuously evaluated throughout the professional curriculum to determine ongoing proficiency.

The athletic training program at Lindenwood University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. The objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the athletic training program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (CAATE). The following abilities and expectations must be met by all students admitted to the athletic training program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Candidates for selection to the athletic training program must demonstrate they meet the minimum standards for successful completion of the degree requirements. In the event the student is unable to fulfill the technical standards outlined below, with or without reasonable accommodation, the student may not be able to complete the program.

- Cognitive Abilities
 - Students must be able to:
 - Acquire, analyze, and apply principles and concepts necessary to problem-solve and formulate assessments, therapeutic judgements, and action plans related to patient care.
 - Comprehend three-dimensional relationships and understand spatial relationships structures.
 - Measure, calculate, reason, analyze, integrate and synthesize information in a timely fashion.
- Motor Skills
 - Students must be able to:
 - Demonstrate sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques such as palpation, muscle strength assessment, joint range of motion measurement and other evaluation maneuvers.
 - Accurately, safely, and efficiently use equipment and materials during the assessment and treatment of patients.
 - Assume the role of the first responder in a potentially catastrophic injury (e.g., in-line stabilization of cervical spine, rescue breathing, obstructed airway management, cardiopulmonary resuscitation and AED use).
 - Safely, accurately and efficiently lift and manipulate body parts, assist patients in moving and walking.
 - Safely, accurately and efficiently manipulate small objects such as equipment dials, tweezers, safety pins and other tools used for examination or therapeutic intervention.
 - Tolerate physically demanding workloads sustained over the course of a typical work/school day and at times full immersive clinical experiences that may exceed 8

hours a day or 40 hours per week.

- Communication Skills
 - Students must be able to:
 - Understand, speak, and write the English language at a level consistent with competent professional practice.
 - Establish rapport with patients, engage in respectful, non-judgmental interactions with individuals from various lifestyles, cultures, races, socioeconomic classes and abilities.
 - Perceive and interpret non-verbal communication to elicit information such as mood and activities.
 - Convey and receive information, in a timely manner, essential for safe and effective care.
 - Participate in group meetings to deliver and receive complex information and to respond effectively to questions from a variety of sources.
 - Record the results of a physical examination and a treatment plan clearly and accurately.
- Behavioral and Social Abilities
 - Students must be able to:
 - Maintain composure and continue to function well during periods of high stress.
 - Acknowledge and demonstrate respect for individual values and opinions of patients, preceptors, other healthcare providers, coaches, etc. in order to foster harmonious working relationships.
 - Demonstrate appropriate behavior and attitudes to not jeopardize the emotional, physical and behavioral safety of individuals.
 - Demonstrate integrity, honesty and ethical behavior, both in the classroom and during clinical experiences.

Lindenwood University is committed to making reasonable accommodations for individuals with disabilities. Students with documented disability, that require academic accommodations, must consult with Student Academic and Support Services (SASS) to discuss eligibility and reasonable accommodations. Reasonable accommodations are provided on an individual basis and are reflective of the diagnosis, as well as discussion with the student. Any decision regarding reasonable accommodations to meet the technical standards in the athletic training program will also consider the possible implications on clinician/patient/student safety and the overall educational process, including all coursework, clinical experiences, and clinical practicums deemed essential to graduation.

Students are advised to request accommodations at the time of acceptance or prior to the start of the semester, however, accommodations can be requested at any time throughout the academic year. Students need to request accommodations before the beginning of each semester/quarter and whenever a class change occurs. Until the student requests accommodations for the semester, accommodations will not be provided, and accommodations are not retroactive. For additional information regarding disability and accommodations, please refer to the following website (Information for Students with Accommodation):
<https://www.lindenwood.edu/academics/support-resources/disability-services/students-with-disabilities-support-information/>

Candidates for selection to the athletic training program are required to verify they understand the technical standards and believe they can meet the technical standards with or without accommodation. Compliance with the program's technical standards **does not** guarantee a student's eligibility for Board of Certification examination.

Applicants: Please read the two statements below and select the most appropriate statement.

Option 1: I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation.

Option 2: I certify that I have read and understand the technical standards of selection listed above and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Office of Student Academic and Support Services to determine reasonable accommodations.

Applicant Name:

Applicant Signature:

Date: