

# LINDENWOOD

## School of Health Sciences

Bachelor of Science in Physical Education

2017-2018

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### Program Chair

For questions, comments, or additional information about the Physical Education degree, please contact:

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### Admission Requirements

Freshman	Transfer	International
A minimum high school cumulative un-weighted GPA of 2.5.	2.0 transfer GPA with 24 transferable credit hours.	TOEFL Score (minimum 61), IELTS Score (minimum of 5.5), or ACT/SAT Score (20 ACT/ 940 SAT critical reading and math).
A minimum ACT composite score of 20 or a minimum SAT (reading & Math) score of 1020.	If less than 2.0 or 24 hours, student must provide official high school transcripts and official ACT or SAT score for further evaluation.	

### Program Learning Objectives

PLO #1 -The student will demonstrate specialized knowledge in the content area.

PLO #2 -The student will demonstrate knowledge in understanding the development and diversity of students in a physical education and health setting.

PLO #3 -The student will demonstrate knowledge in collaboration and community involvement to promote physical activity and health.

PLO #4 -The students will be able to implement physical activity and health programs for a variety of populations and needs in a community based setting.

### Potential Career Paths

Physical Education/health teacher (private schools)

Fitness instructor/manager

Coach

Fitness Trainer

Health and wellness manager

## Course Requirements- General Education

<b>Core</b>			
<b><i>Composition</i></b>	GE-English (ENG/L 15000 <b>or</b> EPP 15000)		
<b><i>Composition</i></b>	GE-English (ENG/L 17000)		
<b><i>Math</i></b>	GE-Math		
<b><i>US History or Government</i></b>	GE-Human Culture: US History/Government		
<b>Natural &amp; Social Science/Math</b>			
<b><i>Social Science</i></b>	PSY 10000		
<b><i>Natural Science with Lab</i></b>	BSC 10000		
<b><i>Social or Natural Science Elective</i></b>	HFS 20700		
<b><i>Social Science, Natural Science, or Math Elective</i></b>	REC 20600 - suggested		
<b>Human Culture</b>			
<b><i>Arts</i></b>	GE-Human Culture: Arts		
<b><i>Literature</i></b>	GE-Human Culture: Literature		
<b><i>Human Cultures Elective</i></b>	Any GE-Human Culture		
<b><i>Non-Literature, Non-Arts Elective</i></b>	GE-Human Culture: US/Government, World History, Foreign Language/Culture, Religion, Philosophy		
<b>Electives</b>			
<b><i>GE Elective</i></b>	Any course with GE designation		
<b><i>GE Elective</i></b>	Any course with GE designation		
<b>Human Diversity</b>			
<i>At least 6 of the 42 required hours must fulfill GE-Human Diversity <b>in addition</b> to one of the required content areas, or students may choose to take additional courses that count only for GE-Human Diversity.</i>			
<b><i>Human Diversity</i></b>	GE-Human Diversity		
<b><i>Human Diversity</i></b>	GE-Human Diversity		

<b>Core Classes</b>	<b>Hours</b>	<b>Transfer</b>	<b>Semester</b>	<b>Grade</b>
PE 15000, EXS 25000, or REC 10200	3			
HFS 16000 First Aid/CPR/Sport Injury	2			
HFS 20000 Health Concepts	3			
PE 20300 Adventure Education and Leadership	3			
HFS 20700 Anatomy and Physiology or BSC 22700	4			
HFS 22000 Motor/Rhythmic Acts	3			
HFS 30000 Community Health	3			
EXS 24000 Nutrition through the Lifecycle	3			
EXS 32500 Biomechanics	3			
HFS 31500 Physiology of Exercise	3			
PE 31800 Coaching with Character	3			
PE 33000 Psychology of PE	3			
REC 41000 Recreation Organization and Administration	3			
PE 35600 Methods of Weight Training	3			
HFS 40000 Adaptive PE or HFS 32000	3			
300+ elective	3			
300+ elective	3			
300+ elective	3			
300+ elective	3			
300+ elective	3			
300+ elective	3			
Elective	3			
Elective	3			
Elective	3			
Elective	3			
Elective	3			

### 3 Year Plan of Study

<p>Semester 1</p> <p>Intro class (3)  ENGL 15000 (3)  BSC 1000 (4)  HFS 20500 (3)  GE – US history (3)  Elective (3)</p> <p>Total: 19</p>	<p>Semester 2</p> <p>ENGL 17000 (3)  GE – math (3)  HFS 20700 (4)  HFS 16000 (2)  PE 20300 (3)  GE-elective (3)</p> <p>Total: 18</p>	<p>Summer  Elective (3)</p>
<p>Semester 3</p> <p>GE-lit (3)  HFS 30000 (3)  PSY 1000 (3)  EXS 24000 (3)  HFS 22000 (3)  Elective (3)</p> <p>Total: 18</p>	<p>Semester 4</p> <p>GE-fine art (3)  PE 31800 (3)  PE 33000 (3)  PE 356000 (3)  Elective (3)  Elective (3)</p> <p>Total: 18</p>	<p>Summer  GE – Human Culture (3)  Elective (3)</p>
<p>Semester 5</p> <p>REC 20600 (3)  EXS 32500 (3)  300+ elective (3)  300 + elective (3)  300+ elective (3)  300 + elective (3)</p> <p>Total: 18</p>	<p>Semester 6</p> <p>HFS 40000 (3)  EXS 31500 (3)  300+ elective (3)  300+ elective (3)  300+ elective (3)  GE-non-lit, non-art (3)</p> <p>Total: 18</p>	<p>Summer  Elective (3)</p>