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| **Year 1: Fall-Lindenwood University (14 Credits)** | **Year 1: Spring-Lindenwood University (17 Credits)** |
| BSC 100 Concepts in Biology | CHM 100 Concepts in Chemistry |
| HFS 215 Introduction to Health and Fitness Sciences | BSC 227 Anatomy and Physiology I |
| MTH 141/241 Statistics(Either MTH141 or 241 at Logan, ONLY MTH241 at Palmer) | EXS 240 Nutrition through the Lifecycle |
| ENGL150 Composition I | PSY100 Principles of Psychology  |
| UNIV 101 First-Year Seminar  | ENGL 170 Composition II |
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| **Year 2: Fall-Lindenwood University (17 Credits)** | **Year 2: Spring-Lindenwood University (17 Credits)** |
| BSC 228 Anatomy and Physiology II | EXS 315/316 Exercise Physiology and Lab |
| EXS 275 Research Methods and Data Interpretation | EXS 387/388 Exercise Testing and Lab  |
| MTH 151/152 College Algebra/Pre-calculus | SHS Elective (3 credit) |
| EXS 360 Exercise Principles for Optimal Performance | Arts GE |
| US History/Govt GE | Human Cultures Elective (non-lit, non-arts) |
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| **Year 3: Fall-Lindenwood University (15 Credits)** | **Year 3: Spring-Lindenwood University (15 Credits)** |
| EXS 325 Biomechanics | HFS 450 Internship or EXS 441 Research Internship  |
| EXS 317 Advanced Exercise Physiology | EXS 430 Physical Activity for Specific Populations |
| EXS 410 Exercise Prescription and Implementation | SHS Elective (3 credit) |
| HFS 350 Practicum, EXS 335 Independent Research, or EXS 441 Research Internship  | HFS 330 Recreation, Sport, and Fitness Administration  |
| Human Cultures Elective (Human Diversity) | Literature GE (Human Diversity) |
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| **Year 4: First year of chiropractic program** |

Chiropractic 3-3 Articulation Sample Plan- Logan University and Palmer University