

Study Overview – Weizmannia Study

Visit 1 (Consent/Screening)

Approx. 30 min

- Consent
- Review medical history
- Complete questionnaires
- Set-up MyFitnessPal (3-day food log)

Period 1

Weizmannia Probiotic

4 Weeks of Supplementation

Placebo

Period 2

Placebo

4 Weeks of Supplementation

Weizmannia Probiotic

Washout
Period
(4 weeks)

Visit 2 (Pre-Period 1)

Approx. 30 mins

- Ht, Wt, BMI
- HR, BP
- InBody scan
- Fecal sample
- 3-day food log
- Gastrointestinal questionnaires

Visit 3 (Post-Period 1)

Approx. 30 mins

- Wt, HR, BP
- Fecal Collection
- Gastrointestinal Questionnaires

Visit 2 (Pre-Period 2)

Approx. 30 mins

- Ht, Wt, BMI
- HR, BP
- Fecal sample
- 3-day food log
- Gastrointestinal questionnaires

Visit 3 (Post-Period 2)

Approx. 30 mins

- Wt, HR, BP
- Fecal Collection
- Gastrointestinal Questionnaires
- **Finished (\$250)**



Notes: Study participants receive both Weizmannia and the placebo, but at different times.