



LindenWELL's W.I.S.E. Program



“Connecting generations through shared learning experiences”

What is W.I.S.E.?

The new College of Science, Technology, and Health at Lindenwood University established the LindenWELL program promoting opportunities for wellness campus programming and community outreach. Through a partnership with those that serve the 60+ aging adults led to the development of the W.I.S.E. Program (“Wellness Inspired Social Enrichment” Program) that connects students with aging adults to share in the learning experiences.

Programming includes athletic events, performing arts, specialized education series, and monthly social wellness programming.

Is there a cost to W.I.S.E.?

No. W.I.S.E. programming is free of cost to participants 60+ and most events include a free meal on campus to enjoy with friends, students, and employees at Lindenwood.



For more information email wise@lindenwood.edu or scan the QR Code.

Connect with us today!



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